



# **TWGHs Sun Hoi Directors' College**

# MAGASIN

2020/21



# Our Digital World



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# EDITORS' MESSAGE

A year is long time and this time last year we were worried we would not be able to publish the 2019/20 edition of Magasun. By contrast, for this 2020/21 edition of Magasun, we had all the material we needed in record time. If this pandemic has taught us anything, it is how to be resilient and adapt to an ever-changing environment.

A year of adapting to an online learning environment taught us all how to continue learning in a digital world. As soon as the call came out for student pieces to fill Magasun, our inbox was inundated with pieces from S1 to S6. In fact, despite the challenges, a record number of student written pieces were received.

The English Club swelled to 25 members this year to continue our efforts in cementing Sun Hoi's reputation as a place where English thrives. The English Club, through its many activities and initiatives, has truly created an English-rich environment for our school community.

Our theme for this edition is Our Digital World. At no time in our school's history, or any school's for that matter, has the role of eLearning been more pronounced. With face-to-face lessons suspended for most of this academic year, the phone we have in our pockets, the iPad on the bed side table, or the laptop on the desk played a starring role in the world of learning.

And what stars we truly have at Sun Hoi!

As you peruse these pages, you will see that Sun Hoi has embraced Our Digital World.

Please enjoy your edition.

June 2021

Editors

Ms. Agatha Chu, Ms. Melissa Man, Ms. Jenny Wong,  
Ms. Annie Cheng, Mr. Varsalona-Blatti



## ENGLISH CLUB MEMBERS FROM TOP LEFT

Martin (5A)	Hebe (3A)	Derek (3A)	Katie (3B)	Thomas (3B)
Zafina (3A)	Maxton (2A)	Sophie (2A)	Clement (3A)	Eunice (4A)
Gabriel (3A)	Kasey (2A)	Owen (3A)	Johanna (3A)	
Tom (3A)	Loki (3D)	Tammy (2A)	Jayden (2A)	Cyrus (3B)
Kylie (4D)	Marco (2A)	Jacky (2C)		
San (4B)	Alexis (3A)	Gloria (3A)	Malaika (3A)	

Javis Ip (1A24)

## How can we stay healthy during COVID-19?

A lot of people can't go outside to have fun during COVID-19. This makes you feel bored, unhappy, annoying and sometimes, it even makes you feel worried because you may think you can't keep up with your friends or your school. Do you want to avoid this happening to you? Then let's stay healthy during this horrible time everyone!

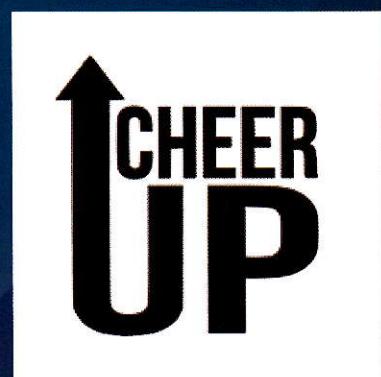
When you are tired of work, you always want to play games right? Well, there are the school's recommended games: Mario 3D World and Ring-Fit.

First, Mario 3D World is played on Switch. You need to physically move to play! This game burns a lot of calories just like doing a workout at home. Secondly, Ring-Fit is also played on Switch, and just like the game we mentioned, you need to move in order to pass the levels. It is very unique and exciting!

We've talked about gaming, but how about food? Salad with honey is a very popular choice because it is healthy, right? Well, ever heard of gingerbread? It is a tasty treat. It bursts with flavour when you swallow it. And it only takes 50 minutes!

Avocado is not a bad choice either. Eaten raw, you can mix it in your salad. It can be fried, steamed and baked. The taste of the avocado is as sharp as a knife, try it!

Perhaps the restrictions of COVID-19 isn't that bad after all. You can find or do so many things at home, like cooking, studying, playing and so on. Don't just sleep or eat at home, be more active! Cheer up!



**Max Wu (1C30)**



## Staying Healthy during COVID-19

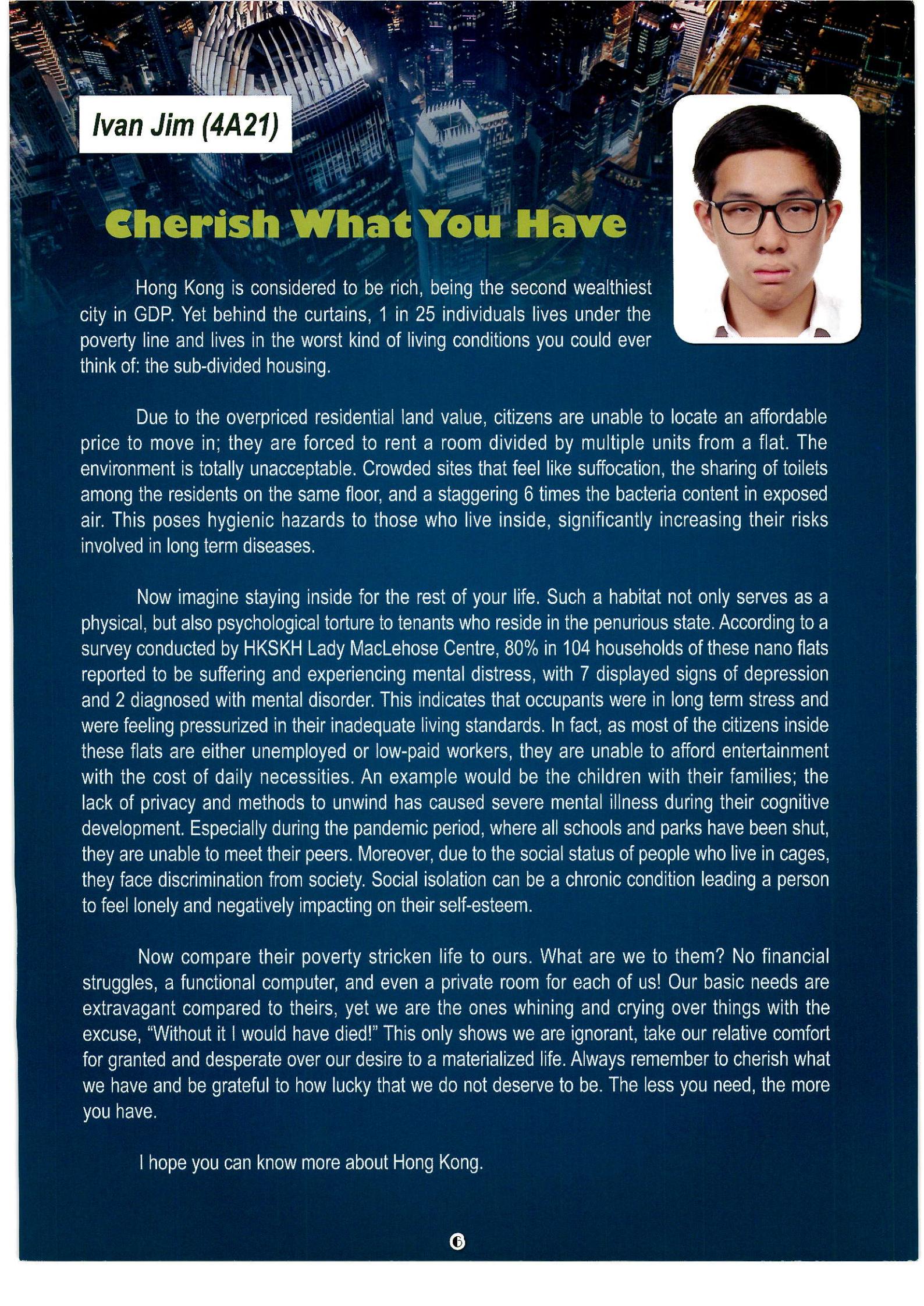
Because of the coronavirus outbreak from 2019 and 2020, many people in Hong Kong are advised to stay for extended periods of time at home. That can be very boring, so here are some activities for you all to try, whether to pass the time or make yourself proud, it's up to you.

Have you ever wanted to learn a new skill, to impress your friends or show off to the World? You can search up "how to learn..." in YouTube and get all the information you want through some videos. You might find some things easy, some things near impossible, when starting out. Don't worry, you'll be able to master it someday.

If you're a fan of movies, and the theatre near you is closed off, you can try Netflix, and watch and browse your favourite movies all from your home. Even better, you don't have to pay an entrance fee to watch. It's possible that one day you will find a movie so entertaining and difficult to stop watching, that it becomes your new favourite.

That's enough about caring for our minds and bodies, but what about our stomachs? Well, I'll tell you all about that. You can try making salad, with or without dressing, if you're thinking about staying healthy, or if you like sweet things, make some pancakes with assorted fruits and syrup. They're both very easy to make and worth a try.

In conclusion, even though self-isolation is very boring, for both a person and their relatives, it doesn't mean you can't do something worthwhile. Learn something cool or useful. Watch new and exciting movies (or old one's if you prefer). Create something edible. You will feel better either way.



Ivan Jim (4A21)

## Cherish What You Have

Hong Kong is considered to be rich, being the second wealthiest city in GDP. Yet behind the curtains, 1 in 25 individuals lives under the poverty line and lives in the worst kind of living conditions you could ever think of: the sub-divided housing.



Due to the overpriced residential land value, citizens are unable to locate an affordable price to move in; they are forced to rent a room divided by multiple units from a flat. The environment is totally unacceptable. Crowded sites that feel like suffocation, the sharing of toilets among the residents on the same floor, and a staggering 6 times the bacteria content in exposed air. This poses hygienic hazards to those who live inside, significantly increasing their risks involved in long term diseases.

Now imagine staying inside for the rest of your life. Such a habitat not only serves as a physical, but also psychological torture to tenants who reside in the penurious state. According to a survey conducted by HKSCHK Lady MacLehose Centre, 80% in 104 households of these nano flats reported to be suffering and experiencing mental distress, with 7 displayed signs of depression and 2 diagnosed with mental disorder. This indicates that occupants were in long term stress and were feeling pressurized in their inadequate living standards. In fact, as most of the citizens inside these flats are either unemployed or low-paid workers, they are unable to afford entertainment with the cost of daily necessities. An example would be the children with their families; the lack of privacy and methods to unwind has caused severe mental illness during their cognitive development. Especially during the pandemic period, where all schools and parks have been shut, they are unable to meet their peers. Moreover, due to the social status of people who live in cages, they face discrimination from society. Social isolation can be a chronic condition leading a person to feel lonely and negatively impacting on their self-esteem.

Now compare their poverty stricken life to ours. What are we to them? No financial struggles, a functional computer, and even a private room for each of us! Our basic needs are extravagant compared to theirs, yet we are the ones whining and crying over things with the excuse, "Without it I would have died!" This only shows we are ignorant, take our relative comfort for granted and desperate over our desire to a materialized life. Always remember to cherish what we have and be grateful to how lucky that we do not deserve to be. The less you need, the more you have.

I hope you can know more about Hong Kong.

**Jason Lee (4A23)**



## **“Educating the mind without educating the heart is no education at all”**

As a Hong Kong student, I find a personal connection to this wise quote by Aristotle. Due to the pandemic, I have been trapped at home staring at my computer screen for my lessons. These lessons help me learn knowledge, but the lack of interaction with teachers and classmates makes me become mentally inactive and introverted. I believe I am only a tip of an iceberg since the pandemic has actually impeded the development of students in Hong Kong. Therefore, I would like to advocate cultivating courage and a sense of humour as my pledge to act for year 2021.

Courage, the ability to face fears, is an important virtue. It makes us move on and achieve goals. Having courage lets us find and face the problems for ourselves. Whenever we try to avoid dealing with problems, the problems may get worse. Take a shy person as an example whose fear is having interactions with others. However, if he could pluck up the courage to reach out to others, he would have overcome his fear. But if he remained shy, he would miss the chance to show his strength to the world. To stop avoiding problems, I would like to build my courage. Facing difficulties head-on not only gives me opportunities of learning and improving but also a chance of training my persistence.

Having a good sense of humour is a healthy way of life. It makes us stay positive and keeps us going during difficult times. If we feel depressed all the time, we cannot perform well. Optimistic people are more capable of solving and overcoming problems than pessimistic people because they are always hopeful and willing to try. Having stayed at home for months has made me restless so I have decided to read books about humour to lift up my mood and to bring joy to others.

Before we can go back to school, we still have to work hard on our studies but it is also an unprecedented opportunity to grow our minds. Now I have more time to deal with my heart, I will learn how to be a better person to my family, friends and society with a resilient mind and a more joyful spirit.

## Chloe Wong (5A 13)



In today's society, technology is ubiquitous. We often use technology to solve problems in daily life regardless of major or minor events. Although technology is useful, does it make people lazier?

Many people will agree that technology does make us lazy. First, this technology will increase people's time spent on online games. When technology is still underdeveloped, people can only go out if they have fun. However, with the advanced technology and the advent of online games, people are reluctant to go out for social activities and games, and most of them stay at home and play game consoles. Since people can play online games casually at home, the time for work and study is greatly reduced, and they become more and more lazy and unwilling to do things and go out.

In addition, people become lazier when they can go online shopping with the use of technology. When technology is still underdeveloped, people will go to malls or department stores for on-the-spot shopping among their families, so every holiday mall will be crowded with people. But with the development of technology, people prefer to shop online, and young people account for a large proportion of buyers. They believe that online shopping can save time and avoid shopping in a crowded environment. But this greatly reduces the number of people shopping on the spot, the number of times they go out, making them more and more lazy.

On the other hand, technology can actually help us become more active. For example, people can take exercise courses online. Previously, people needed to go to designated places to take exercise courses. Therefore, some people would refuse to exercise because it took too long to drive. However, advances in technology made the appearance of online sports courses. Exercising at home does not require extra time in the car, which increases people's exercise and becomes more active.

Second, technology can give people more free movement time. In a society where technology is still underdeveloped, because it takes more time to work, study and social activities, there is not much time to exercise. However, the development of science and technology can enable people to complete their work and study on the Internet in a short time. For example, students can quickly find materials on the Internet, without having to go to the library to search for materials. In this way, people will naturally have more time to spend on sports and become more active.

In short, although technology will also make people become more active, I think technology has a greater opportunity and impact to make people lazy.

Andy Chan (5A16)

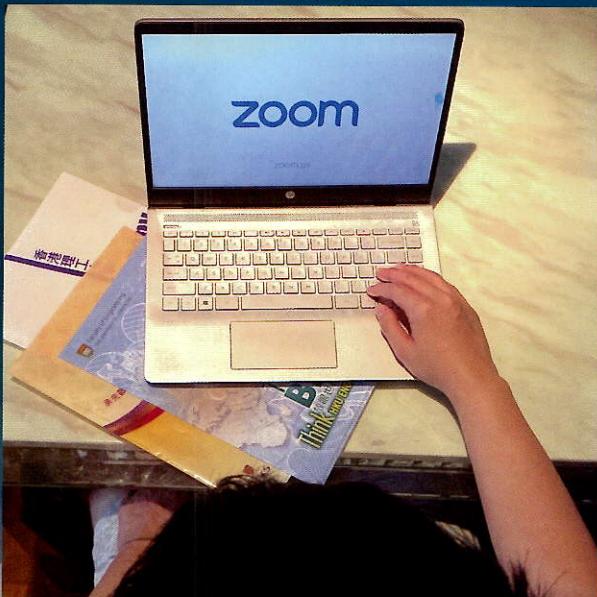


## Where There's a Will, There's a Way

No matter who you are, hope is an essential motivator to advance. You are willing to do something you want, and you have the determination to achieve it, however difficult it might be.

When we are young, our knowledge about ourselves is not that concrete, so you can't make a choice for the development of your future. It is full of discouraging uncertainties and motivation to escape from fear. However, your will can lead you to a way that boosts your confidence to move on.

In 2020, the pandemic really snatched many people's happiness, faith and hope. Almost no one could be excluded from the impacts. People suffered. People died. The new normal depressed and frustrated the young, the old, the rich, the poor... that we could not see lights at the end of the tunnel. How can we sustain our will to seek a way out?



People never lack strength. They lack will. Covid-19 makes us reflect on what is significant to our lives. Never are commodities considered not on the list of the essentials. However, Covid-19 taught us there are ways to overcome challenges like Zoom for schooling, Internet for connectedness, wonderful scientists for new vaccines and cures. When there is a will, there is a way. No matter whether we are plagued by a virus, natural disasters or even wars, our will can bring all human beings to another level of significance.

**Wendy Li (5A04)**



## Count Your Blessings

Dear Wendy,

Here is Wendy from 2020. I believe that you have graduated from university and got a job successfully in 2030. Maybe you are living your ideal life, or you still have a long way to go. I hope this letter can remind you to count your blessings in your present and future life.

Everyone was impacted by the pandemic this year. A total of over 82 million cases and 1.8 million deaths were reported worldwide. For me, I had a long school suspension for 8 months. The suspension and online learning caused a burden to my mental health. I felt anxious and pressured with the chaos and I was depressed with the unknowns.

My teacher shared a line of wisdom with me. She said, "Count the blessings and you will find peace and balance in chaos." I meditated on that and learnt to cultivate gratitude. Although I have to face many challenges, there were many blessings in disguise. My friends listened to me whenever I needed while my parents gave me useful suggestions. Overcoming the fears led me to be fearless.

Therefore, I would like to remind you to be grateful for the good things. I felt hopeless many times when I imagined your abject life. At the age of 26, you may struggle with work and receive a low salary. You may lose your friends and be betrayed for some silly reasons. You may still be single, with no one pursuing you and your parents pressuring you to get married as soon as possible. However, you have family and real friends. You have your parents and siblings as your support. Your real friends would understand you. Always remember what you have, don't dwell on dissatisfaction. Even when you live a contented life, counting your blessings can bring you joy without fear.

There is no doubt that 2020 taught me a lot. Be grateful.

Love,  
Wendy

**Cherry Choi (5B03)**



## **Technology Has Made People Lazy**

Nowadays, technology is everywhere. Technology has revolutionized our world and daily lives. Technology has created amazing tools and resources, putting useful information at our fingertips. Although technology is beneficial, is it also a way to make us lazy?

Many people would agree that technology is indeed making us lazier. Firstly, phone based delivery services are on steroids! We used to spoil ourselves with an occasional delivered meal, a pizza, or Chinese food, whatever was nearest to us and delivered. Delivery services and online shopping have evolved so rapidly that realistically, we don't have to leave our homes to do "chores" anymore. We can get clothes, food, laundry, makeup delivered directly to our front door. So, we will become lazier when using technology.

In addition, people become lazier when technology furnishes us with an influx of entertainment. We have all heard about Netflix. Netflix embarrassingly asks if we're still watching. At our fingertips, we have Netflix, Apple TV, iTunes store –thousands of hours of entertainment so easily accessible that we do not need to leave our sofa to find enjoyment. No more running to the movie theatre.

On the other hand, technology can actually help us to become more active. For instance, technology has advanced to the point where people are able to carry around their phone in the form of a watch. Apple Watches are one of the most popular type of watch-devices that have hit the market. These devices have the ability to monitor our heart rate, track our sleep quality, count our steps and remind us to move. It can keep us active.

Secondly, technology can make people more active by playing different games. The game Pokemon Go, a smartphone game that we have all heard about, was released in 2016. It quickly became one of the most used apps, having been downloaded more than 500 million times by the end of the year. The app was designed to promote physical activity and help local businesses grow. By using GPS to locate Pokemon, users are required to move from one location to the next in order to capture, battle, and train the Pokemon. While the hype has mostly died down, you can still see people out and about trying to catch them all.

To sum up, it is true that technology can encourage us to be lazy. However, I believe technology enables people to make things easier.

**Anson Tang (3C25)**

## **The World in the Future**

Today I'm going to talk about the world in the future. I'm going to talk about transport, entertainment, learning and building in the future.

Firstly, in the future we can travel to other countries easily and quickly. In the future, people will invent flying cars with high speed and safety flying modes.

In the future Artificial Intelligence will replace teachers. Artificial Intelligence has high wisdom, and there will be no school in the future. Humans can learn at home with Artificial Intelligence.

Next, in the future we can solve the pollution problem. Many buildings will include gardens as part of the design and in turn air pollution will not be as serious a problem for society.

We need to try our best to change our lives in the future. I hope we can have a better life when technology improves our existence.

**Kasey Ma (2A08)**

**STAY**

Hello, fellow students.

Are you eager to go outside to hang out with your family and friends? The most disturbing thing about COVID-19 is we can't go anywhere.

As you can see here, lots of students like us are still staying at home and having online classes. So am I, but what if I tell you that you can actually discover lots of fun at home? Doesn't that sound interesting?

Moreover, we don't have to be with someone to feel less bored. For example, I always spend time watching new programs on the internet. Finding new and funny channels to make my day, or going on the AppStore to try different games on my phone.

You'll also be surprised by how much I changed with all sorts of things. Especially with my diet, hobbies, personality and so on. For example, I eat two meals a day now, and I get really shy around somebody new. I'm sure I'm not the only one that changed, right?

We all miss our friends and teachers. But instead of day-dreaming of school and classmates, why don't we discover new activities and hobbies instead?

If you're interested in entertainment and new things, grab your computer, and search for movies, books, games and much more to enjoy at home.



**Bonnie Yuan (3A18)**

## **To Hong Kong Where I was born**

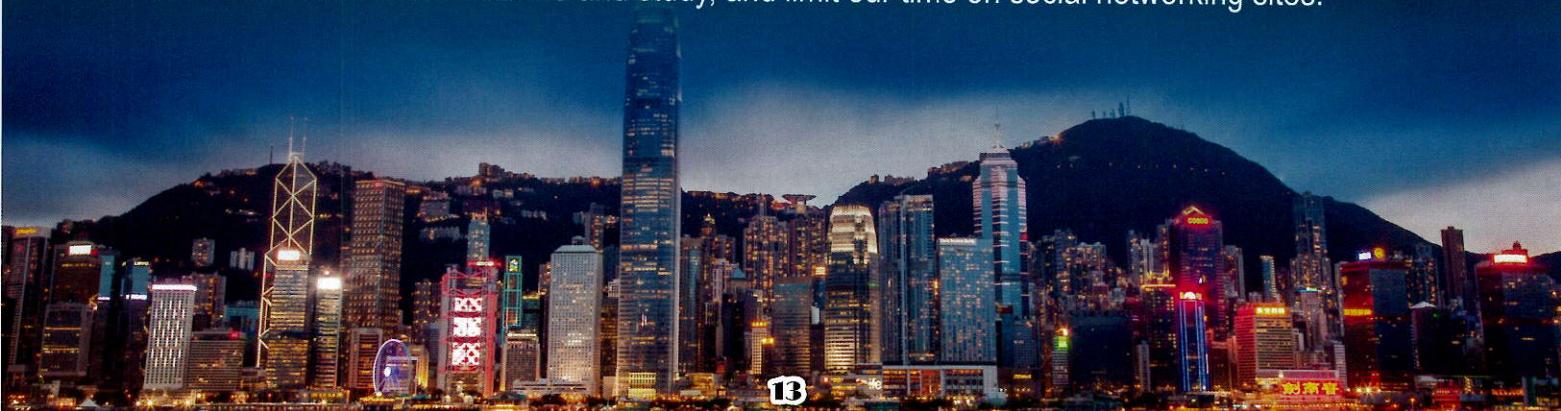
Social networking sites have become an essential part of teenagers' lives. Most teenagers will share their photos, status, and views on popular social networking sites such as Facebook and Instagram. But if it can be seen by others, there's a risk, because it could be passed on without your permission. So it's important to stay safe online, isn't it?

I still remember when I first used social networking sites. I posted all kinds of my own photos, including selfies. Fortunately, my social media account had a lot of followers. I was delighted. In my opinion, sharing our daily life on social networking sites is a good thing. But social networking sites also have a bad side. There may be some bullies in the comments to scold you. These comments will make you upset. However, cyberbullying is a reality of the internet and it's one of the most serious things in social networking sites.

How can teenagers protect themselves from being cyberbullied? In my view, they shouldn't share too much personal information and spend too much time on social networking sites. In addition, they can ask their family members for some advice. When they encounter cyberbully, they need to try to text or chat with the bullies online. Moreover, they can ask their teachers to warn the bullies not to say rude words to them.

If we meet bullies on social networking sites, we can take some actions. Firstly, don't feed the troll because the trolls just want to attract people's attention. Secondly, we should try to be optimistic and ignore those rude words, and seek help from social workers to make ourselves secure. Thirdly, we can delete the negative comments and block the users.

No matter in the real world or on the internet, we should also make ourselves examples and not become a bully ourselves. Most people could do it. I believe that the world will be much better. Besides, we have to protect our privacy and avoid a recipe for disaster. What's more, we should focus on our real life and study, and limit our time on social networking sites.



## Bosco Wong (4C27)



I prefer to watch programmes through the Internet. The major reason is that we can exercise a larger degree of freedom and enjoy many more features or advantages brought by online viewing. We can save a lot of time.

First, we can choose our favourite programmes. There are a large variety of programmes on the Internet. For example, YouTube has a large variety of shows, songs, cookery programmes, films and cartoons. If we watch programmes on TV, we cannot see the different kinds of shows we desire. The series of TV programmes have been decided and arranged by the broadcasting company beforehand. We have no say what programmes to watch.

Second, one can also decide when to watch a programme on the Internet. We can watch a programme anytime. If you need to work in the morning, you can watch a programme at night. If you are busy at night, you can watch a programme in the afternoon. You may even watch an online programme even when you are in the bathroom or kitchen.

Third, our viewing activities, when conducted online, are not bound by our whereabouts. We can watch a programme anywhere using a computer or a smartphone. For example, when I am travelling on the bus, I can use my smartphone to watch a programme. When I go back home, I can use my computer to watch it.

Besides, we do not need to wait until the show time to watch a particular programme. For instance, you may want to watch a movie, but this movie can only be watched on TV in a fixed timeslot on TV. Then you need to wait for a long time until the fixed timeslot to watch it. It is terrible to have to wait for so long. Watching programmes on the Internet is much more convenient in comparison with watching programmes on TV. On the one hand, it allows you to control your viewing time by yourselves. On the other hand, if we forget to watch a particular programme on TV, the Internet allows us to watch the programme anytime. This can bring us convenience.

Another advantage of watching programmes on the Internet is that we can read the discussion forums and discuss the plots and our opinions with other online viewers. Especially when we watch a detective or mystery drama series, this function is very useful for us because the process of the characters solving the mystery or finding the culprit is usually very thrilling and compelling. We can make a lot of guesses from the clues and discuss the plot with other online viewers together. This aspect makes us more engaged.

All in all, I can enjoy freedom and convenience when I watch different programmes on the Internet. It can save me a lot of time. It is more fun than watching programmes on TV.



## **Stay Healthy During COVID 19**



How can we stay healthy during COVID 19 at home? We can have online activities or make dishes. I have some activities and a dish you can do at home.

Firstly, we can play games at home such as Super Mario Run.

This is a Switch game. You are Mario and need to help Peach. You are going to finish the stage and fight. This is very interesting.

Then, we have Just Dance in which you use dance moves and techniques to score points. After you've danced, you can see your scores. It is fun and you can listen to the music and do exercise simultaneously.

Next, we have YouTube. I'm sure everyone knows about YouTube so I will introduce a YouTuber, Alvin Blox. His YouTube video is about how to program in Roblox. Also, he uses English to instruct. You can learn more English and learn how to program. Let's watch it!

What's an easy and inexpensive meal? A sandwich of course.

First, fry each side of the bread. We need 2 pieces of bread. Then, fry the egg too.

After that, put the egg on 1 piece of bread and cover it with the other piece. Cut it in half. You can also add more ingredients on it, not just an egg. Many people use tomatoes and cheese. You can make the sandwiches for your parents too.

That is the end of today's blog. Keep fighting, we can win against COVID 19. Stay home and stay healthy! If you are bored, play games or watch YouTube videos at home and learn to make some simple meals.





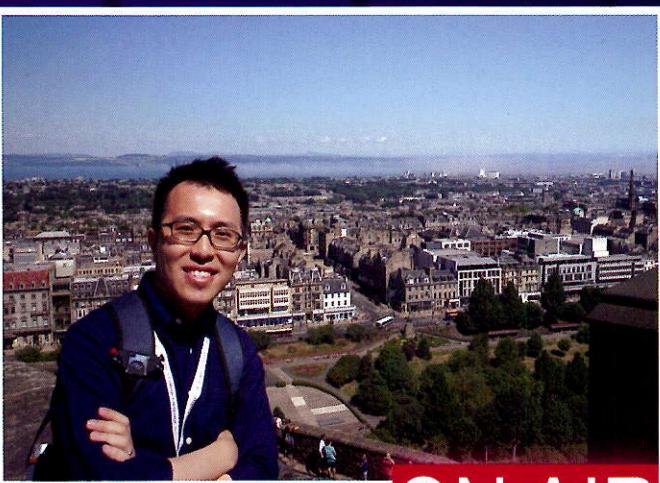
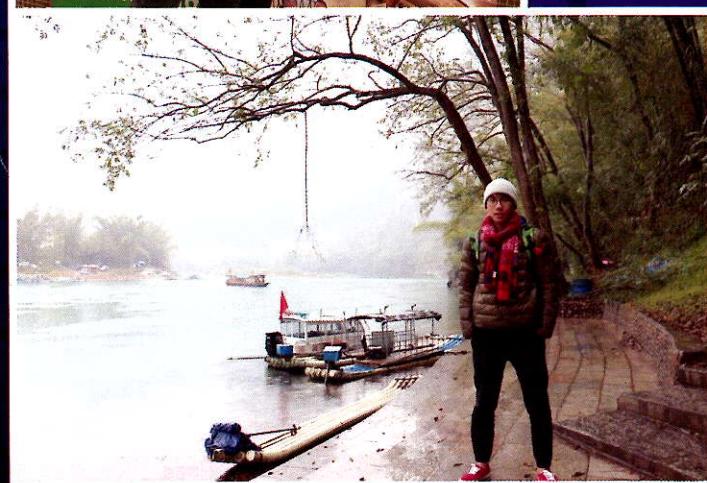
Launched in this academic year, RadioSun 81 takes its name from the ‘Sun’ in our school name and its number (pronounced “eight-one”) is the year our school opened.

Its implementation is yet another avenue for students to engage with English. By sheer coincidence, its inaugural year is also perhaps the year we will rely on it most for providing a medium for broadcasting English Days since we could not conduct face-to-face activities as in previous years.



**RadioSun 81**

Our first show featured interviews with Mr. Chu, Ms. Wong, and Mr. Lau.



**ON AIR**

# ENGLISH DAY 1: HALLOWEEN

Radio Sun 81 presents...

Tap, Tap, Tap

The feature of this year's Halloween show was a horror story read by our students titled Tap, Tap, Tap. The story is about a group of school children, a secret knock and a crazed murderer on the loose.

HAPPY  
HALLOWEEN

# ENGLISH DAY 2: CHRISTMAS



Meeting ID: 267 660 5010

December 15<sup>th</sup>  
@ 2:30pm on  
Zoom

ENGLISH DAY 2.mp4 Open with QuickTime Player

We were lucky enough to schedule a message from Santa Claus and Mrs. Claus as well as our own Sun Hoi rendition of Charles Dickens' famous novel, A Christmas Carol.

**Candice Chan (3B02)**

## Our Digital World: Siri

Nowadays, people like to buy electronic products from Apple. Do you know why? Let me tell you.

First, Siri offers a faster and easier way to do all kinds of useful things, for example, setting an alarm, timer, reminders, getting directions, previewing your calendar, etc. Siri can do it all without you ever having to lift a finger. Siri can also anticipate what you might need to breeze through your day. And with Siri Shortcuts, you can have an even faster way to accept the apps too.

Second, Siri can let you stay connected without lifting a finger, such as making a call, FaceTime a friend or sending a text for you. Are your hands full? Or are you simply on the go? It can even announce your message on your AirPods. It also offers proactive suggestions, such as texting someone that you're running late for a meeting. So, you can stay in touch effortlessly.

Third, Siri helps you run your smart home. You can control your smart appliances, check their status, or even do a bunch of things at once – just by using your voice. By using the home app, for example, you can just say, "I'm home" and assist you to open some things, such as the garage, unlocking the front door, and turning on the lights.

Finally, Siri answers all kinds of questions. Siri can quickly answer the questions, such as checking facts, doing calculations, and translating. Even though you don't have questions to ask, Siri also works behind the scenes and works like a personal assistant. This is most evident with Siri and Apple Watch.

In conclusion, many people like to buy electronic products from Apple because Siri is like a smart helper in our life.



Siri  
18

## **Heidi Cheung (1D01)**

We are having Zoom lessons again. When I knew I was going to take online classes again, I was very sad. I think face to face learning is better than online learning because you don't really know what we are doing in class. Face-to-face learning means we can be more attentive. When we do not understand, many people aren't courageous enough to call the teacher. We didn't have exams in January so I think many people will not listen or sleep in the lesson. On the other hand, online lessons can make us brave to speak English because when we speak English everyone knows who is speaking but it is less embarrassing. Many people are very lazy because they think teachers may find it hard to punish them if they fail to submit homework I think face to face learning is better than online learning.



## **Wilmer Fung (1A20)**

We have Zoom lessons again because of the virus. I don't enjoy Zoom lessons for a number of reasons.

First, the student and the teacher can't be active like the face-to-face lesson. It may make the lesson boring.



Besides, when we use Zoom, there are many distractions to make us do other things. For example, if your mobile is near your I-pad when having lessons, a lot of students would play it. That will make their examination results worse than before.

Finally, Zoom can destroy a person. If the student always plays computer games when they are using Zoom to learn, their eyesight would deteriorate. If their eyesight is worse than before, they can't read and they may learn less. After that, their examination results will be worse than before, they may just give up. This makes their future very bad. Zoom could destroy their future.

For these reasons, we can see that Zoom can help us to learn during a pandemic, but it creates many problems. Online learning is worse than face-to-face lessons.



## Claire Liang (3B10)

Instant Messenger is an app that allows people to send messages, videos and files for someone in real time. Nowadays, almost all people use Instant Messenger, WeChat and Facebook messenger to contact each other. How would the Instant Messenger affect people's lives?

First, Instant Messenger takes less time than email delivery and is easier than dialling a phone so it is the most convenient means of communication now. When Instant Messenger was invented, people could enjoy a new way of communication. First, people could send messages regardless of the time or space. It is convenient for users to contact friends and family members and make their relationship closer.

Moreover, Instant Messenger has affected interpersonal relationships. Through Instant Messenger, people can talk with each other from different countries around the world. They can exchange cultures and knowledge with each country.

In addition to providing communication capabilities, the app has introduced video calling in recent years. With Covid-19 forcing people to stay at home, it makes Instant Messenger more important for people's lives. In the future, I hope Instant messenger can help people in more areas.



## Hayden Lam (3B27)

### Our Digital World

Online learning is very popular nowadays. I will write about how online learning fits into our digital world.



During the pandemic we cannot go to school, but we won't stop learning since we use Zoom to have online lessons. Zoom is a social media app to use video for meetings. Zoom can accommodate many people. Zoom helps us during the pandemic to absorb knowledge so as not to stop learning.

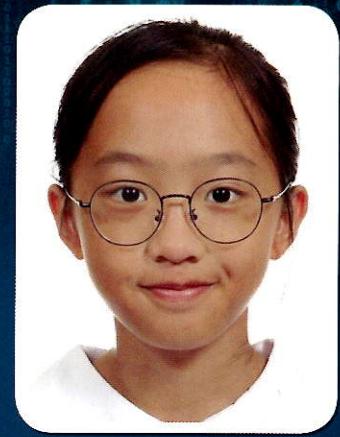
Now we are in a smart era, many new technologies appear and it is very useful, for example Siri and Google. Siri and Google are AI(Artificial Intelligence) that can help you with many things on your mobile phone. You can tell Siri to open apps, send messages, search useful data which is very useful. For the last few years smart furniture has become more accessible. Google Home or Siri help you to turn on the TV, turn on lights, turn on air conditioners, close curtains, set the oven and many other things.

These are just a small part of our digital world. Our future may be more digital, more smart, more user friendly.

## Emilie Lim (2B10)

Dear Editor,

I am writing to share my view on whether the government should legislate to ban or limit the use of computers, iPads, smartphones, and televisions to protect the young generation.



I do not think the Hong Kong government should legislate to ban or limit the use of computers, iPads, smartphones, and televisions to protect the young generation. Firstly, lots of young people need to have lessons on their gadgets. Using this epidemic as an example, students and teachers cannot go out to study or work, so they need to use their phones or computers to study or teach online. So, if the government legislates to ban or limit the equipment, the students will find it difficult to keep up with the learning progress and it will affect their grades.

Secondly, this also will affect some people who like playing computer games or mobile games. Some of them may be professional game players or game masters. Not only will the players be affected, those who support them will also be disappointed.

Thirdly, using technological equipment can enrich our lives, and foster efficient and effective communication. It makes it easier for us to do what we want to do, such as playing online games, searching any information or news. It lets us find what we want to know at any time and in any location.

To conclude, there is a lot of information on the Internet, so we need to use the technological equipment to find interesting things. If the government legislates to ban or limit the use of computers, iPads, smartphones, and television, the young people will find it difficult to absorb information on the Internet. So long as they can be self-limiting and use it in the right way, it is not a problem.

Yours faithfully,  
Emilie



## Abel Fong (1A19)



Treating people nicely is important in today's world, but things are changing rapidly including how we treat people. I will discuss my ideal way of how society should treat people in the future.

Firstly, I think that the traditional way of courtesy should not be obeyed too seriously. The old (traditional) system of courtesy may have inequality over gender, wealth, age, and social rankings. I am not saying that it should be forgotten or it's bad, but that kind of system is hard to adapt to society now, and this courtesy is still practiced in the remote places or developing nations. And in the most extreme case scenario, it may violate human rights.

The courtesy system should be adapted amongst different people groups, and should have a slight difference between races and people groups. And its goal is to prevent racial discrimination while keeping some of the culture.

Finally, it should bring people together positively. In cities, neighbours don't usually talk too much together and the people are more selfish than the ones in the countryside, and their free time is limited so social interactions is usually more uncommon in cities. Also, a lot of people nowadays don't say "hi" or "bye" (polite words) when they meet and I think it should be used more.

To conclude, the way that I want others to treat each other is to just respect others, a lot of fights on the streets are created by people that are selfish and don't care about others, and I want the people in the future to respect other greatly and remove the racial discrimination that exists nowadays because it's a very big issue. The world is walking to a more international community and discrimination must be removed and removing racial discrimination should be helped by the law too. If humans in the future solve these two problems, the world may be a better place.



## Franklin Li (3D23)

Living in the digital age, we have invented many very new inventions, such as digital cameras and digital TVs. They have become indispensable things in our lives and can help us a lot.

First, these things can help us a lot in our daily life, for example our telephone. The old telephone can only make long-distance calls, but cannot take pictures. But now the telephone is more advanced. If your friends are far away from us, you can often chat with them.

Next, if you don't use digital things, it will be difficult for you to communicate with the new generation of people because you don't even know what these are. But these things have a great impact on us. These digital things have eliminated many previous problems and obstacles.

Secondly, previous generations of film cameras and TV are not as good as the new generation of digital cameras and TV, because these cameras and TV have to be compiled by themselves. As long as you turn on the digital cameras, you can see the photos taken by you and others.

Finally, I believe that the previous era will soon be eliminated by the digital era, because these digital technologies continue to improve, and the types and numbers continue to increase, so I think they will soon be eliminated. They will disappear completely in the world soon. I hope that the new digital age can accelerate the production of more new elements.



**Gigi Liu (3B11)**

## **Changing the world through the internet**

Nowadays, the internet has become an indispensable part of daily life, and its appearance has brought people into an information age, which has also exerted a profound influence on the development of society.

To begin with, I think the internet has brought many positive effects to people and society. With the continuous development of science and technology, the communication between people becomes more convenient. The internet provides us with any service we need, such as keeping in touch with relatives and friends anytime and anywhere, shopping online, keeping abreast of the news and so on.

Apart from that, people have more and more channels to obtain information, and the timeliness of network information has also been improved, thus an efficient network platform has been established. What's more, people can learn about different industries through the internet and there are more job opportunities. At the same time, it will promote the development of electronic technology and other information related industries.

However, the internet may also have many bad effects on people and society. Some people will express their opinions on the internet through social platforms, deliberately lead netizens to form different factions, and even attack bloggers. This phenomenon is known as cyber violence, which leads to a bad public opinion in the online world.

Furthermore, the technology and equipment have been very developed now, so everyone will interflow with others through the internet instead of direct interflow, which leads to a growing gap between people, just like strangers. What's more, people will look up information on the internet when they have any questions. Although it can make people learn more things through the internet, it will make people lose their own thinking and become more and more dependent on the internet.

In a word, efficient network system will solve many problems for us, but we should not be addicted to the digital world. We can make positive contributions to society when we use the internet in the right way.



## Hillary Cheung (2A02)



Hello, welcome back to my YouTube Channel !

Have you ever felt worried or bored during the class suspension? The most surprising thing about Covid-19 is that we have already stayed at home to have online lessons for almost 1 year.

As you can see here, stockpiling and panic buying has become common for Hong Kong citizens since Covid-19. It is hard for us to buy face masks and hand sanitiser in Hong Kong now. Isn't that crazy?

Moreover, people think if they buy more of them (face mask, hand rub or food) it makes people feel more secure. For example, they buy more food, and can make people go out less often. Also, people go outside less often so they can avoid the chance of infection.

You'll also be surprised by what I do miss the most: school. I miss face to face lessons. I think face to face lessons assist me to concentrate more and I get the chance to meet my friends.

Also, I have been doing something differently since the outbreak, like editing videos and familiarising myself with new apps for video editing.

If you're interested in my YouTube video, why not subscribe to my YouTube channel and press the 'like' button?



SUBSCRIBE

LIKE

SHARE

COMMENT



## **Stay Home Stay Healthy**

Since the pandemic started, we all had to stay home to keep us safe from harm. It could be quite boring at home, so here are some fun activities to do at home.

We have been quite busy because of our studies. Why not exercise rather than lie in bed all day? If you want to burn calories, you can try Just Dance. Just Dance is an app for helping you keep fit and become a good dancer. It's free so there's no need to waste money. When you feel bored you can watch Netflix. Netflix is a cheap platform for movies and TV shows. There are a lot of entertaining shows or movies. When the theatre is closed, you can have your own private theatre at home at a cheap price.

After these online activities you must feel hungry, so I have prepared a fruit salad recipe for you. There are only two ingredients for this dish: any combination of fruits and a sweet dressing. First, cut the fruit of your choice into pieces, then put them in a bowl. After that you can add dressing if you want to, and mix them well together. Finally, you can eat your fruit salad. If you think it is a bit plain, you can make a milkshake as well. The ingredients you need are, the fruit you want to add in your milkshake and a type of milk. For added health benefits, why not use almond milk or oat milk? First, pour the milk into a blender, then add the fruit and blend it. Finally, pour the milkshake into a cup and serve with your fruit salad.

I hope you will try the activities and dishes that we suggested. Please wash your hands before eating or drinking and stay home to stay healthy.

A yellow sticky note with the words "Stay Home" written on it in black ink. The note is held in front of a blurred background, possibly a window or a screen, with a blue and purple gradient. The note is slightly tilted.

# ASSEMBLY



Each Tuesday the English Club updates the school community on events, competitions, and is a great way to practise speaking in front of a crowd. Whether by microphone broadcast through the school speakers, or via Zoom, the English Club always provides materials to share.



## Instagram



With over 350 followers, the use of IG has encouraged students to post their comments or simply to view how English is used at Sun Hoi (and beyond)

## MUSIC TUESDAYS

To encourage everyone to share their favourite English songs, as well as dedicating a special message to a student or teacher, each Tuesday (and later each Friday) we begin the day with a selection of English songs as chosen by students and staff.



To request a song:

Submit your slip to  
the *Music Tuesdays*  
box

Dedicate it to a  
friend or teacher

Include a message

LET IT BE  
Message Artist  
Thank you for helping  
with homework Ms Wong.  
Yours !

**Ingred Cheng (3A03)**

## Pros and Cons of Technology

Today, I want to talk about the pros and cons of technology. Humans are very reliant on the internet but it may have some harmful aspects.

First, I want to talk about the pros of technology. As everyone knows, humans like using the internet very much because it can provide information for us to do research or solve our problems. Automation leads to uniformity in tasks, quality of service and control of day-to-day tasks without invention. And machine-to-machine communication also helps maintain transparency throughout the process.

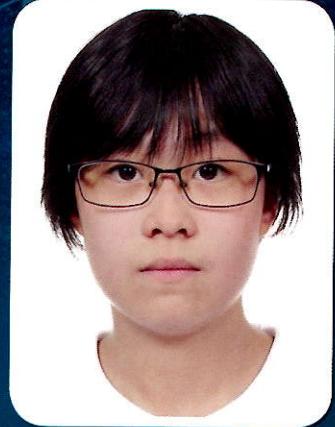
Next, I want to talk about the cons of technology. If our lives become more and more dependent on technology, basic human interaction skills will be reduced across society. As the internet brings in more consistent automation, we could see a decline in the needs for unskilled employees in the workplace.

Finally, I think that the internet is a very good tool to use while you have some difficulties and doubts but it will bring some negative consequences when you don't use it in a good way.

**Ken Tu (3D29)**

I want to talk with my family on the phone. The phone has a lot of digital aspects to its design to make it user friendly. It has a lot of features such as making phone calls, online learning apps and games. It helps our life a lot. Phones can be used for online learning. Online learning can help students to learn without the need to be physically present in the classroom. Also, phones can be fun, for there are a lot of interesting games one can play. It can help us rest and have fun too.

In the future, the world will have a lot of robots to help us to work. For example, a recent robot is an automatic cleaning robot to vacuum and tidy up our homes. The digital world can make our life easier and more convenient.





## Socialising and Learning in the Digital World

No matter what happens in the outside world, as long as we are in our digital world, we can keep in touch with the outside world through different social platforms without affecting the communication between people. Using today's developed tools, even learning can be conducted online, and students will not stop learning.

With the rapid development of technology, services that provide users with interaction and discussion appeared in the early days of the Internet, such as discussion boards. Then new online dating tools such as blogs appeared. Now Facebook and IG have also appeared, so we can use this huge network to meet new friends, and expand our social circle. WhatsApp and WeChat are widely used as a connection with friends and family.

In addition, with different software, we can already do online learning. Now, the school's software of choice is Zoom. But other schools use different options. For example, Chen Ruizhi uses Google Meet for online classes. Zoom has now added some different restrictions, but students in China can still use it as usual. However, although Google Meet does not have so many restrictions, it cannot be used normally in some locations. Also, the school distributes information and makes announcements through the website and eClass, and the teacher even uses Google Classroom to distribute homework.

In our digital world, a huge net is woven between people through the Internet, and it has always existed between us. This allows us to have our own social network on the Internet, to know more friends, to consolidate the connection between relatives and friends. It also allows us to have more activities on the Internet, such as online learning.

## Jacky Hau (2A19)

Hello, welcome back to my YouTube channel.

Have you ever felt annoyed about COVID-19. It made so many people die, made us study at home, made us unable to see friends.

People are beginning to panic! During COVID-19 some people did bulk buying. They took masks, toilet paper...It is crazy! But why? They panicked and then scrambled for all these sanitary items.

Besides bulk buying, another annoying thing is online learning. We have been learning online for one year. It is not really convenient. Sometimes we lose connection and drop out of lessons for no reason. But the most important thing is we could not see our friends and teachers. We miss each other terribly. Therefore, I hope we can see each other very soon.

Under COVID-19, I made huge changes in my life. I studied harder than before. I did homework more efficiently. But I also had a discouraging time. Sometimes I would be so lazy. I didn't want to do anything. But the most important thing in our struggle was the outcome of working harder.

Finally, I hope we can see each other very soon. We must conquer COVID-19.

## Jeremy Zhu (3A32)

In our digital world, many products like smart phones, televisions and computers are created to make life more convenient.

With smartphones, we can talk to our friends or relatives if they are at another place. Also, we can use Facetime to have an audio-visual call. Second, we can use it to watch the news or play mobile games. When we come across problems we don't know how to solve, we can find an answer on our smartphones, such as word definitions or medical advice.

With computers, we can have online lessons. We can use it to do work like writing, questionnaires, carry out investigations, or make a chart. We can also play video games on the computer.

With televisions, we can watch many different programs. We can watch the latest series, enjoy a movie, be intrigued by a documentary or simply keep updated with the news.



**Jacky Poon (5A26)**



## **Is Technology Making Us Lazy?**

Today, technology is everywhere. We can use it to deal with all aspects of human life such as shopping, keeping in touch with friends etc. Therefore, humans can't dispense with technology since we rely on it so much. Although technology is beneficial, is it also making us lazy?

Many people would agree that technology is indeed making us lazier. Firstly, technology makes our life so much easier. We can look up anything we want in a few seconds and the ordered products may be delivered after a few hours to your home; we don't even need to leave our home or our bed. It means that people's exercise time is reduced, as they would prefer to stay at home the whole day, making people become lazier and fatter. According to the research, in 1990, the percentage of American adults with obesity was about 11%. This year, coinciding with advances in technology, especially phones, the rate of obesity in American adults went up to about 40%. Doesn't this say something about how technology is making people lazy?

In addition, people become lazier when they entertain themselves with the use of technology. Because of technological advances, the quality and quantity of online games is better than before. Therefore, many teenagers have a video game addiction resulting in them never leaving their bed. It would cause obesity and affect teenagers' academic performance.

On the other hand, technology can help us become more active. For instance, video games can do this. I think you would feel weird that video games can make us active, but it is true. In 2016, Pokémon Go was released. It quickly became one of the most used apps. The app was designed to promote physical activity and help local businesses grow. The content of this app was very fascinating. By using GPS to locate Pokémon, users are required to move from one location to the next in order to capture, battle and train the Pokémon. During the event, you could also see that there were about forty people congregating together and catching Pokémon. In this case, technology can keep us active. Although the population has mostly died down, you can still see people out trying to catch Pokémon.

Secondly, technology can make people more active by using fitness apps and trackers. Fitness apps can provide a correct guide to users which encourages physical activity at home. People can do exercise anytime and anywhere without going to the fitness centre. Besides, the launch of Apple Watch also causes more people to move more and get fit. Apple Watch can track what exercise you have done and record the data. Also, there are some targets set in the Apple Watch. If you can achieve them, you will be awarded a medal which can fill people with power to exercise.

To sum up, it is true that technology can encourage us to be lazy. However, I believe that technology enables people to improve if we use it in the correct way.

## Jayden Lam (2A24)



Everyone knows that 2020 was really a very tough year for everyone all around the world, because of a virus that spread out everywhere. This virus is highly infectious and it's very lethal to old men and women in particular. According to a report from RTHK, the respondents said that Covid-19 affects them a lot. They can't do sports outside, cannot hold gatherings with friends and they need to wear a mask while going outside, which is very hard during summer.

Although Covid-19 affects our daily life a lot, there's still some benefit of Covid-19. Everyone knows it is better not to hang out too often with friends and we should also stay at home for safety. That's actually a good chance to spend some time with your family members. We can have a lot of fun at home with them! We can cook, watch Netflix or even play Ringfit which is a game by Nintendo. These activities can facilitate interaction among family members.

Besides individuals, Covid-19 is also beneficial to the environment. First, when everyone stays at home, air pollution will improve. Second, the rubbish that is strewn across country parks will be cleaned up and many more can enjoy the area for BBQs and sports like frisbee and volleyball. That's great news for the natural environment. Also, some environmental organizations said that container ships pollute our beautiful oceans, including filling it with microplastics, Styrofoam and oil used for fuel. Since every country's government hopes to avoid new cases entering, they cut down all shipping lines and block flights which cuts down on carbon emissions.

Every person around the world had just passed a tough year. Let's hope the pandemic can end in the upcoming year!

**Jerry Leung (3D22)**

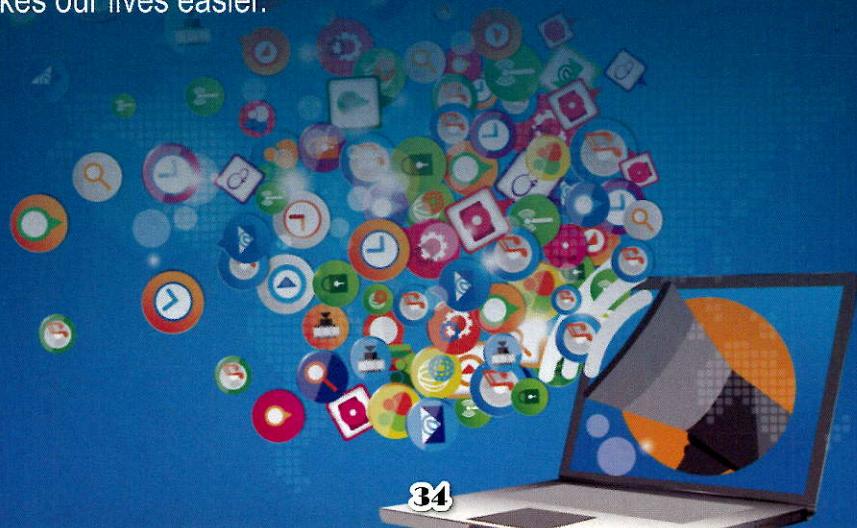
## **Our Digital World**

We cannot live without our digital devices, but what makes the digital world? The digital world describes the many manifestations of the use of computer networks for communication, entertainment, and business, and recreation. It also includes online communities, gaming, social media, as well as topics related to identity and privacy.

How does the digital world affect us? Your phones, your games, your computer, your television, even your wallet, all of them are affected in this digital world we inhabit. Therefore, you can't live without our digital gadgets. As I say: No Digital, No Life. Digital gadgets have become just like oxygen, you don't realize it until it has disappeared.

Previously, we study or work from home. We use Zoom/Google Meet to continue the progress of learning. What will happen if we don't have those digital platforms? We cannot learn anything for weeks or even months. So, digital platforms help us a lot in our daily life. As another example, during the pandemic, we didn't want to touch someone we don't know, so we use e-wallets to pay to avoid spreading bacteria.

We need to stay home for social distancing, so how do we meet our friends? We use Facetime to keep in contact. We can stay at home and see each other by making video calls. This is how the digital world makes our lives easier.



## Jo Bo (4B19)

We are living in a new, unique age, an era in which everything has been turned into numbers. Living in the digital world does not only affect you, but everyone around this world. The effects of living in the digital world are particularly evident now due to the coronavirus. Living in the digital world might make everything easier. However, how can security be guaranteed while revelling in a comfortable life?



Well, it seems to be a difficult question to answer since there's no way to make you invisible when you're trying to use the internet. Every single time you are drifting on the ocean of the internet, you always leave traces, whether you want it or not. Some studies show that the advertisements on the website that you are surfing use some database which collects your information such as the conversation between you and your friends. They creepily "stalk" you to identify your need at that moment and provide advertisements according to your lifestyle and tastes. Although those studies might not be sophisticated, it shows how your phone might be watching and listening to you in the dark place that is the world wide web.

Online shopping is another activity which makes you disclose your information. The online shopping websites claim to guarantee the security of the information of your credit card, address and other private information. However, as the first rule of "X" in the film Who Am I goes, "No system is safe". Even the famous financial services company - PayPal - was hacked before. How could we trust any websites then?

Unfortunately, the security of the company is not what we can handle. The only way to protect your little treasure from the cyber hacker is to play smart. It is not possible to prevent illegal interference against companies. Therefore, you should protect yourself by only visiting famous and reliable websites which are from internationally reputable companies. Those companies' security is usually stricter.

Developments of technology might make your life much easier, as well as having everything you need just by staying at home. But the price of convenience is to play smart in this digital world, a unique and new era.

**Julia Ng (3A14)**

## **Cyber Security**

In this digital world, there are many different kinds of online apps that can help us in our daily life. However, many criminals use that to do illegal trading. It damages our cyber security.

First, we can set up a password in our application to protect our privacy. We must set up a special password that doesn't put your private information in the social media account. Thus, the hacker could not read your personal information on the mobile phone and annoy you on your media account.

Moreover, we can install an antivirus software to prevent hackers from hacking the account. Therefore, the hacker will not be able to steal our private messages and photos. Many criminals, therefore, will not hack our account and trouble us. For example, some hackers will use our accounts to cheat other people out of their money on social media.

Furthermore, we should alert ourselves to stay away from internet fraud since many fraudsters will use online shopping apps to buy things using another person's credit card. For example, there was a criminal case where a man paid for toys using multiple credit cards in an effort to not alert the victims and to evade criminal prosecution. Thankfully he was caught.

In conclusion, we need to keep ourselves alert when using online software in order to avoid suffering from online fraud and criminal cases. Last but not least, we urge the government to enhance safety procedures with respect to cyber security in our digital world.



## **Kelly Yeung (3C10)**

Dear fellow schoolmates,

Following the class suspension due to the Covid-19 pandemic, we were having Zoom lessons at home. However, there were many problems that affected us. Some of the schoolmates had no stable network connection or a silent environment at home. As a result, they can't concentrate on what their teachers said. Many of them even experienced Zoom fatigue and can't enjoy Zoom classes. I would like to suggest two ways to help you cope with Zoom fatigue.

One way to cope with Zoom fatigue is to pay attention to your physical needs. Sometimes, paying attention is very easy to do if we eat breakfast before Zoom lessons or sleep early the night before. It's because when we have enough energy, we can work hard and focus on the screen for a long time.

Another way to reduce Zoom fatigue and make yourself enjoy Zoom classes is to create a relaxing learning environment for yourself. For example, when we are having a Zoom class, we can stay in a quiet place at home. Also, we can turn off the camera of our computer or smartphone for some time. It is because when we open our cameras, I know many students will feel more stressed. If we turn off the camera, we can have more privacy and are more able to chill out.

At last, I hope everyone of you can learn meaningfully and effectively and enjoy your Zoom lessons at home. Most importantly, you can get rid of Zoom fatigue.

Best wishes,

Kelly Yeung  
Chairperson  
Student Union





## The Influence of the Internet on Teenagers

As far as digital products are concerned, everyone must have been exposed to them. There is no denying that, because of the development of science and technology, the Internet has brought us a convenient life. However, it is harmful to teenagers.

Generally speaking, due to the convenient use of the Internet, teenagers' dependence on screen products makes them unable to stop using them for a long time. They are not fully aware of the dangers of screen products. When they use the screen products, their health suffers. They might have blurred vision, myopia, hunchback and so on. They start to suffer because the time spent outdoors is being taken up by screen products. If this continues, there will be serious health consequences.

When it comes to the Internet, in order to obtain a sense of satisfaction and achievement, teenagers indulge in online games. The network makes many teenagers indulge in the virtual world of the network, divorced from reality and neglect their academic pursuits. The Internet is a completely virtual world, much of which is not available in the real world.

It must be admitted that the online world is full of vicious rhetoric and purposeful discourse. Teenagers lack mature judgment and the information on the Internet makes it difficult for them to make choices. Extreme information poses a threat to teenagers' outlook on life, values and the world. Before long, they lose their ability to socialise, are afraid to communicate with others and become unsure of themselves.

The Internet enriches our life, makes our communication more convenient. We can search for information and ways to entertain ourselves. But we must be aware of their potential dangers.



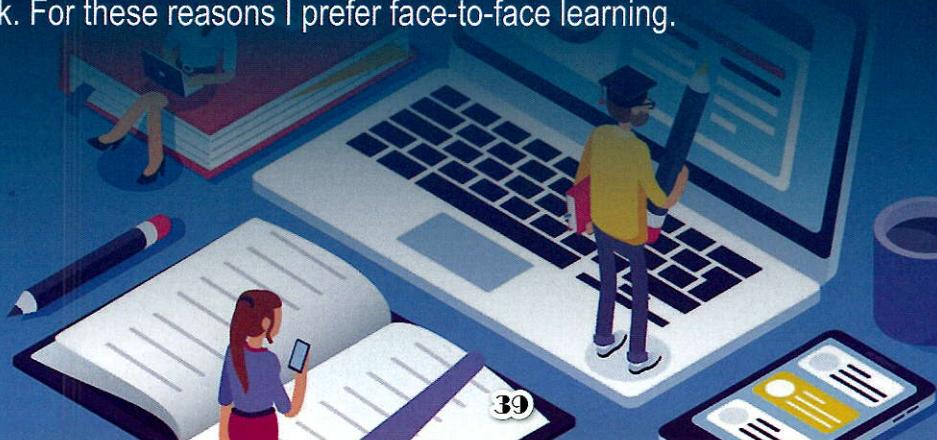
## **Pakus Kwok (1C20)**

My family and I both prefer face-to-face teaching. It is because we think learning at school can facilitate communication and interaction with classmates more easily. I can get deep impressions from face-to-face learning in a way that I cannot with online learning. Also, I can study and focus more at school. Moreover, I feel it is difficult discussing issues and activities with my group mates through online teaching. Besides, I can't ask the teacher questions immediately if I have some problems with my homework and/or classwork. In my opinion, we need good self-control for learning from online lesson, otherwise we can't obtain a good achievement.



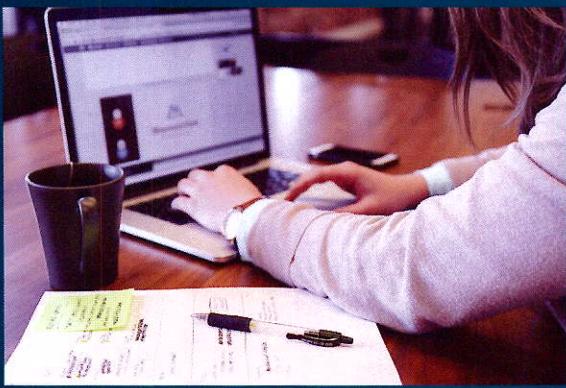
## **Tony Lai (4D22)**

I prefer face-to-face learning because I think learning online is affecting one's concentration. Teachers can still teach, but they are unable to demonstrate or model certain tasks. They don't know if students are listening or even physically present as most choose to disable their cameras. Students who pay attention in lessons have some benefits, and yet they seem to be too shy to ask questions for clarification so they pretend to understand. There is a concern that online learning will lead to poor achievement in school based assessments and exams. In addition, some students and teachers have problems with IT connectivity, in particular with access to high speed Wi-Fi. They don't know how to use some features on Power Lesson or Zoom or how to submit their homework. For these reasons I prefer face-to-face learning.



## **Eric Lai (1A26)**

I like face-to-face learning because this way teachers can have more time to communicate with students, and assist student to absorb more knowledge. Moreover, teachers can supervise whether students are taking classes seriously. If anyone is off task the teacher will know.



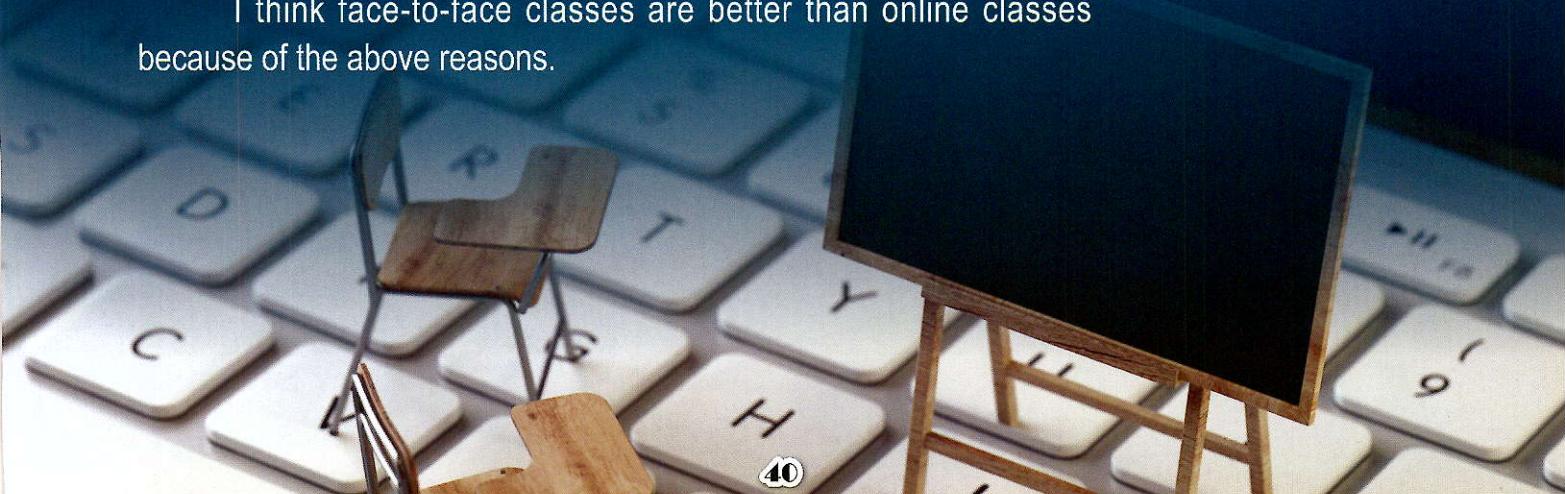
On the contrary, when teaching online, network problems may sometimes occur. Some students will deliberately log in, turn off the camera and microphone, and do other things, such as eating, playing games, sleeping, and so on. The effectiveness in learning is less than in face-to-face teaching at school, so I prefer face-to-face learning.



## **Amber Law (1D07)**

This Christmas we had lessons online again. We use electronic products for our online classes. Looking at the screen for long periods every day will hurt our eyes. Using a computer or iPad in class may encourage inattentiveness and sleepiness. This will diminish our subject knowledge and limit our extracurricular activities. Whenever the teacher asks questions or sets homework, unfortunately we may not know how to answer. If we don't revise, our test results may be very poor.

I think face-to-face classes are better than online classes because of the above reasons.



# PUBLIC SPEAKING COMPETITION

Public speaking is an important tool to improve English and confidence. The Hong Kong Federation of Youth Groups hold a competition every year. For 2020/21, we had 5 students involved: Martin from 5A, Ivan from 4A, Derek, Malaika, and Hebe from 3A.



香港青年協會  
the hongkong federation of youth groups



## THE HARVARD BOOK PRIZE



The Harvard Book Prize is awarded to outstanding students in S5 who have achieved academic excellence, possess exceptional personal qualities, and/

or have made a significant contribution to school or community.

We are proud to announce that Elizabeth Chan, Victoria Chan, and Serena Chiu were selected as participants for 2020.



As participants, each was required to write a long essay on an environmental issue and a series of short answer responses to questions about interests, goals, and experiences in life.

Congratulations to our wonderful students for their success! For their hard work, each was presented with a certificate and a copy of *Half-Earth* by Edward O. Wilson.



# RADIO DRAMA COMPETITION

Isaac, Nick, Chloe, Davina, and Sam from S5 planned, wrote and edited a script for inclusion in the English Radio Drama Competition organised by Smart Education Charitable Foundation.



Scene 2 George the farm owner

Tony: It's getting dark...

Sam: (throwing a tantrum) Where are my parents??!!

Tony: Calm down! We are in the middle of nowhere (sneezes). I think we should start a fire to keep us warm.

Sam: Screw nature, I can see a farmhouse over there; let's go ask if the owner lets us stay for a night. He pointed to the farmhouse behind them.

Sam: See!

Tony: (unwillingly) Sigh... I guess it is the only way.

Sam: Let's go! Maybe we will find interesting things inside.

Tony: FINGERSCROSSED. THERE MAY BE AN AXEMAN IN THE FARMHOUSE.

Sam: OMG, the house just looks like the one in TV shows! Red paint, white stripes. The evening sunlight makes it more beautiful! (Excited)

Tony: (giving his excitement) Look! We are almost there. Just walk next to me Sam.... Where are you??

Sam: (shouting loudly) I AM RIGHT HERE, THE COWS ARE VERY REAL.

Tony: (shocked) What are you doing? We need to find the owner and...

Mysterious man: (standing next to Tony) You are finding me?

Tony: (Scream)



## SPEECH FESTIVAL

This year, the 72nd Hong Kong Schools Speech Festival was taken to an online format to provide students with the opportunity to showcase their voice talents. Forty-three students participated from Sun Hoi.

We thank our teachers for their hard work during these unique and challenging circumstances, and we congratulate all our students for their diligence and perseverance. Of special note, the following students received prizes for their efforts:

 Hong Kong Schools  
Music and Speech Association



Derek Ip

Gabriel Lui

## Ivan Ma (1B29)

We are having ZOOM lessons again. My family prefers face-to-face learning. They said learning online was “not effective” and I think so too, because learning online will make me lazier. When there is no teacher to look at you, you will be inattentive, so that means the grades will decline.

My family also said that we have fewer opportunities to make friends or play with friends.

Moreover, there are some problems with the WIFI connectivity, meaning we can't submit homework easily.



## Magnus Lee (3D21)

Undoubtedly, we should love what we do and do what we love. My aim in life is to become a great scientist and contribute to our digital world as much as I can to solve national and international challenges. The first task that I would like to accomplish would be to invent an advanced air defence system for my country's security that utilises digital technology. Unfortunately, we have some hostile neighbouring countries that are always conspiring to disrupt our peace and progress. They have developed some formidable missiles. I would like to contribute to making an air defence missile system that would render the enemy missiles useless.

The other contribution that I would like to make would be inventing a digital device that would extract excess carbon dioxide and other toxic gases from the environment. I would also like to contribute to finding new techniques to harness solar energy. I would like to invent smart vehicles that run on green fuels.

Finally, I want to create a robot that will help humans very much, such as doing housework and calculating equations. Then I want to make it free of charge, because I think this robot can help humans improve a lot.



**Nicole Po (3D10)**

## **Our future life**

I think our future looks bright. The first reason is based on our use of technology. Although we are currently using tablet computers and laptops, we will have more new technologies in the future, such as virtual tablets that often appear in science fiction movies. People can conduct online activities directly in the 'air', without being restricted by space, place, and time. You can watch and listen when you want. And now we have reached the age of 5G, and the network is already very fast, but I believe that more and better networks will appear in the future, which can greatly improve our quality of life.

Second, it is our living environment. The environment we live in is becoming more and more cramped, but I believe that in the future, our living environment will become more and more digital. Vehicles will not move on the ground, which results in a lot of vacant land for us to create more high-tech companies or living environment for people. I think that the vehicles will not look like what we see now, they may become the shape of alien spaceships as depicted in Hollywood movies and the houses will be more technological, and the decorations inside will not be tangible, which is more economical.

In the future digital world, our lives will get better and better.



## Nicole Yeung (2A13)



In November 2019, we discovered a virus called Covid-19. Covid-19 killed 2.16m people around the world (as at 28/1/2021).

During the pandemic, numerous people lost their lovers and relatives. A lot of people cannot meet and have a party with their friends because of the quarantine rules. However, Hong Kongers are helping each other during the pandemic by giving some masks to charity. Hong Kongers believe that unity is strength.

During class suspension, we do not need to go to school to have lessons. On the other hand, we need to have online classes using Zoom or Google Meet. Although class suspension has a lot of inconvenience, we still have some benefits. For example, we do not need to wake up early to start travelling to school. Also, we have more time for other activities. For example, I have tried cooking during this period with my mum. It is nice to try for me and my mum. Therefore, I can have more time with my family. In addition, we have more time to study because we don't have any extracurricular activities. Class suspension is a great time to take a rest.

On the other hand, there are some environmental benefits of Covid-19. For example, we stay at home to make some food to eat so that the scraps don't end up in landfill. Secondly, by staying at home for work, we can save a lot of energy and money by reducing the use of energy and fuel. Thirdly, we can save paper by submitting homework using an iPad and Apple pencil.

## **Priscilla Ng (3D09)**

By 2050 there will be 9 billion people to feed, clothe, transport, employ and educate. With new technology, could we add a digital world that helps everyone succeed and prosper while working together?

In this world, population density increases every day. All people need to have enough food, clothes, education, and money. However, many people living in this world don't have enough food, clothes, education, and money. Maybe we can add a digital program to count how many people live in this plight.



Digital devices are very useful. It can count the number of poor people, show the number of sales of a product, how many people are visiting each country etc.

Our digital world of course has good and bad. The good aspect is that digital devices can make our life better. The bad aspect is although incredibly cool, devices are still in the early stages of development.

Actually, digital devices can help a lot of people! They can also help countries become richer than before. Although these devices have good and bad, it requires the best to control or help others. Our digital world is very amazing.

## **Sammi Chan (1B02)**



I use my mobile phone and iPad every day. I nearly complete every task using them. When I do my shopping, I use the Octopus card to pay instead of using banknotes as it is convenient. Now, I even attend lessons online on Zoom because of the pandemic.

I often turn on the air conditioner remotely on my phone when I feel hot. I always communicate with my friends by using WhatsApp, WeChat, Line, IG or other apps.

In a digital life, there are advantages and disadvantages. We can chat with friends anywhere and anytime we like, and it is more convenient to pay money. However, there are disadvantages as well. We may meet online friends who have bad intentions. Besides, using the mobile phone or computer for a long time is bad for our eyes.

## Sam Wong (1B23)

I use digital products every day. I constantly use my mobile phone. I use the mobile phone for entertainment, such as listening to music, watching movies, chatting with friends. Sometimes, I play online games with my friends. I also watch TV for 1–2 hours every day.



When I haven't brought my wallet, I can pay by using QR codes or my Octopus card. It makes people's life more convenient, but it also makes people idle. In addition, we can communicate with our friends online. It makes people closer, but we may also meet criminals online.

In conclusion, digital products are already vital in people's life. I think one day if people didn't have digital products, there might be chaos.

## Stephanie Wu (3C09)

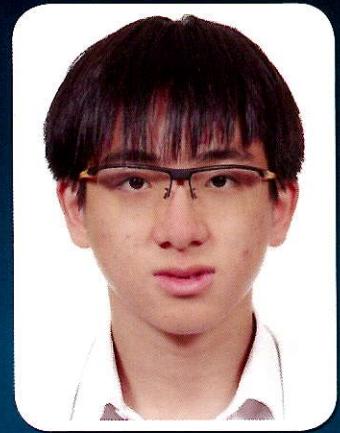
Living in the digital age, we are unavoidably exposed to all kinds of digital products, such as digital cameras, digital computers, digital televisions, and so on. They are changing the way that individuals, especially young people, learn, play, socialize, and participate in society.



Therefore, digital products are indispensable for modern people, and they have become an important topic of concern. However, these modern digital products offer us a more convenient life than before. For example, people can get information from all over the world without leaving home, almost anytime and anywhere, which was impossible before. Unfortunately some people think that these fashionable digital products have brought a lot of negative effects. These include lack of privacy, social and moral dilemmas. With too much dependence on digital things, humans seem to be more indifferent to the real world.

In my view, digital media is good for students as it introduces a new way of learning, which encourages more interaction and participation rather than learning. Besides, digital media makes it easier to produce and share things. For instance, when I want to combine photos into a video, I use the software in my digital device to synthesize them into a video, and if I want to share some things with my friends, I don't need to tell her face to face, I can just use the digital phone to send what I want to say.

## Thomas Leung (4C23)



I prefer to watch programmes on the Internet. As technology advances, people can access the Internet almost anywhere and anytime if they have smartphones or tablets. Moreover, there are thousands of websites which provide different programmes. The Internet gives us a lot of programme choices and enjoyment as well as convenience.

First of all, we can choose our favourite programmes on the Internet. In recent years, streaming has become more popular. For example, Netflix and YouTube have developed into two of the most dominant platforms, which provide us with streaming services. We can find videos made by different users around the world on YouTube and we can choose programmes produced by famous companies on Netflix. Although some platforms require customers to pay monthly membership fees, they give their customers high-quality programmes. Consequently, we can choose from a large variety of programmes based on our preferences and affordability.

Second, we can also decide how and when to watch a programme. In the past, we could only watch programmes on TV. However, there were many limitations. One of them was that viewers could not replay certain parts of the shows that they found interesting. Another one was that programme schedules were fixed. When we were not available on a certain day, we would miss an episode and lose track of the plot. But now, we can watch or replay any shows anytime with the help of apps and websites on our electronic gadgets. Most people own at least one smartphone or tablet. As long as they have mobile data, they can watch their favourite programmes anytime they want. As we can see, watching programmes on the Internet can help us overcome the limitations of watching programmes on TV and bring us convenience.

All in all, I can choose my favourite programmes and decide when to watch a programme on the Internet. It is understandable why TV ratings have been dropping and streaming taking off.

## **Tonie Lau (3C03)**

The digital world has many things to play, buy and watch. There are many benefits and disadvantages at the same time.

The first benefit is convenience. When you go out to buy something, you do not need to take a wallet. Second, you can buy things on the many merchant platforms. Third, you can read the news from all over the world in the fastest time. Fourth, you can contact friends from different countries and meet friends on any app.



Although there are many benefits, there are also many harms. First, when you look at the screen for a long time, your eyes will become very tired. Second, many young people depend on the digital world. If they lost it, they would crumble. Third, in the digital world, many bad people will teach you wrong messages. Fourth, many cases of cyber bullying exist. There is no reason why they like to cyber bully one another. They think cyber bullying is a funny thing, so this is the trouble of the digital world.

In our digital world, there are many things that make us feel happy. At the same time, it brings many troubles, so we need to use our digital world carefully and suitably.

## **Austin Yip (1D28)**



I like online learning more. First, if we have face-to-face learning, we may forget to bring something. But if we have online lessons we will not forget to bring anything. Next, during the pandemic, online teaching can decrease the infection risk; online teaching can guarantee our health. Then, online teaching can give us more sleeping time. It can increase our rest time and it can give us have more time to revise. Next, our parents will not worry that we have any problems with contracting the virus. Through online teaching, we can avoid these problems. Finally, I like online learning more but we must win the battle. Hang in there!

## **Three Useful Apps for Students**

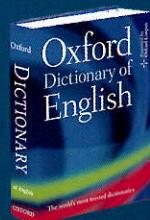
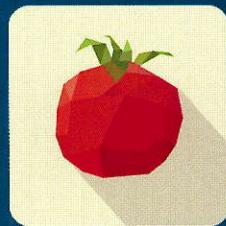
What is your favourite app on your phone? Many students use phones to kill time, but some apps can help us to learn. Let me recommend three apps to you for this exact purpose.

The first app is called TomaToDo. It is a learning app. Different functions exist in this app such as focus mode, to do list, teaching notes, etc. 'Focus Mode' allows you to set a time for study and your phone will lock until time's up. For students who don't concentrate well, this could be helpful. And the 'To Do' list can remind you not to forget to do something which is important.

The second app is called Duolingo. It helps you learn different languages. There are 35 or more languages you can choose. I use this app to learn Korean. I think it is useful because this app has speaking, reading, listening and writing exercises to build my vocabulary and grammar skills. What's more, it is free so we don't need to pay monthly subscription fees to learn.

The last app is called Oxford Dictionary of English. It has thousands of word definitions by Oxford University. Besides checking the meaning of a word, there's a function called Word-of-the-day. We can learn a new word every day. It can help us increase our vocabulary as well as improve our reading skills.

To sum up, there are many apps that can help us learn. Hope they help you with your studies.



## Mobile Payments

It has been 27 years since the first smartphone was invented. With the development of science and technology, more and more systems have been developed.



Have you forgotten to take money out of the house? Do you find it very inconvenient to carry too many coins? With the development of technology, we have Apple Pay, which can solve your money handling worries.

I think mobile phones have become an essential part of our life and we can surf the phone anytime and anywhere. Now you can also use your phone to pay, like WeChat. Besides, we can refuse counterfeit money and don't have to give coins, which saves us a lot of time. It makes our lives more convenient.

Mobile payment has been seen in restaurants, shopping malls and even wet markets, showing the success and popularity of mobile payments.

However, mobile payment has a disadvantage. You have to take the risk of having your account hacked and your personal data compromised. Older people and people in some less developed areas may not use cell phones, so there may still be groups of people who can't keep up when we enter the digital world.

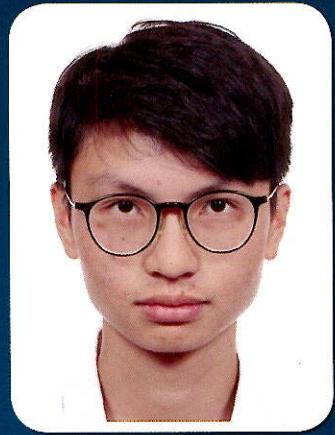
Digital products really bring a lot of convenience to our life, and we should thank the inventors for these innovations in how we conduct our lives in our digital world.



## Tommy Lai (6A17)



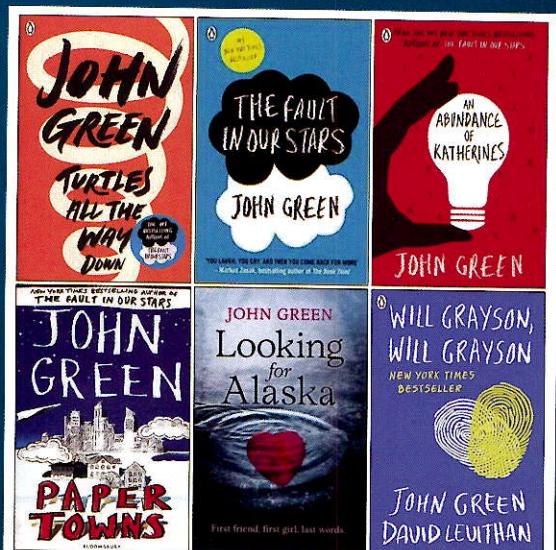
As one of the famous books of John Green, you might have heard about *The Fault in Our Stars* before. But still, this book is worth sharing, so I would like to write about it again.



*The Fault in Our Stars* is a novel written by John Green in 2012. This story is about a 16-year-old girl, Hazel, who has thyroid cancer, although Hazel did not think she was suffering, her parents still force her to attend a cancer patient support group to communicate with other

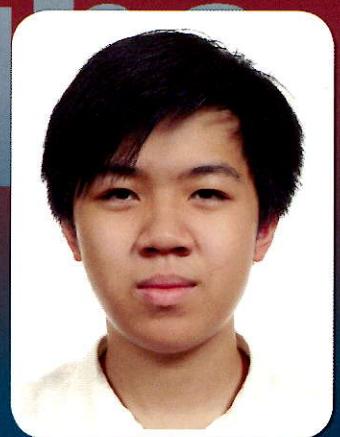
patients who were having the same issues. Even though Hazel did not enjoy the support meeting as much, she achieved something by meeting a nice 17-year-old boy named Augustus who was in remission with osteosarcoma. They had quite different personalities; Hazel could handle the cancer but not passionate about anything apart from reading books. Augustus is vivacious but afraid of being forgotten by the world. Before long they developed as a lovely couple. Besides that, they decide to travel to Amsterdam to meet Hazel's favourite writer, Van Houten. However, Van Houten treated them with a mean attitude, and spent the whole day drinking. Aggravatingly, Augustus' osteosarcoma was confirmed to have returned. In just a few weeks, Augustus passed away, leaving Hazel alone to face the reality of her condition.

I read *The Fault of Our Stars* first in 2017. To be honest, the plot is not dramatic or eye-catching as other popular books but it has a special spot in my mind because the story is realistic and the principle it wants to teach us is deep and meaningful. When I was young, I had the same worry as Augustus, I always questioned myself of what can be left behind after I pass away. The horribleness of death and fear of being forgotten can consume people easily. Unfortunately, this kind of fear can stop a person from aspiring to greater things. I am not talking about chasing a particular thing, but the process of chasing. The book shows me that actually, it does not matter what the outcome it is, the most important thing is the process. Therefore, 'live in the present'.



Casey Li (6B23)

## Invitation letter to YouTubers



Dear Mr. Kjellberg,

I am writing to invite you to be the speaker for our school's assembly. Before I start, I want to mention I am a real fan of your work "Is Math related to Science?" As the most-subscribed YouTuber from 2013 to 2019, you have faced many different challenges over the years and I would love to invite you to be the speaker for our school's assembly to share some of your experiences dealing with challenges over the years.

First of all, you have been the most subscribed YouTuber from 2013 onwards and that is impressive enough on its own, but what is even more impressive is that the algorithm of YouTube had changed a lot over the years and you still manage to remain as the most subscribed YouTuber for six years straight. There must be a good reason for that and by sharing your experience on how you have been the number one YouTuber in the world but still be yourself instead of following the trends, can show students at our school how they should be dealing with changes.

Moreover, the persistent pursuit of your dream can inspire our students to pursue their goals. Although you dropped out of college early (thereby forgoing financial support from your parents), you made it through all those tough times and eventually was able to make a living, even build an empire of your own through making content on YouTube. Students at our school will surely be inspired by the hard work that you have put into making content and the way you made it through the tough times.

Lastly, a few years ago, you were embroiled in a controversial incident and your career took a hit. Your show at YouTube "Scare PewDiePie" was cancelled, and your partnership with Disney ended, but despite this failure, you moved on from your mistakes and started up your own company which helps smaller content creators get more subscribers which also helps smaller YouTubers with exposure and finance. In recent videos, you looked back at what had happened then and said that you want to show that you do not need to rely on these big corporations to be a content creator. This never-say-die spirit can teach students that even if you screwed up, things will eventually turn around with time and effort.

To conclude, your life can inspire students to stop saying "no" and start acting and I do hope that you will accept the offer of being our guest speaker for an upcoming assembly at our school. You can contact me via email and I look forward to your favourable reply.

# LUNCH GATHERINGS

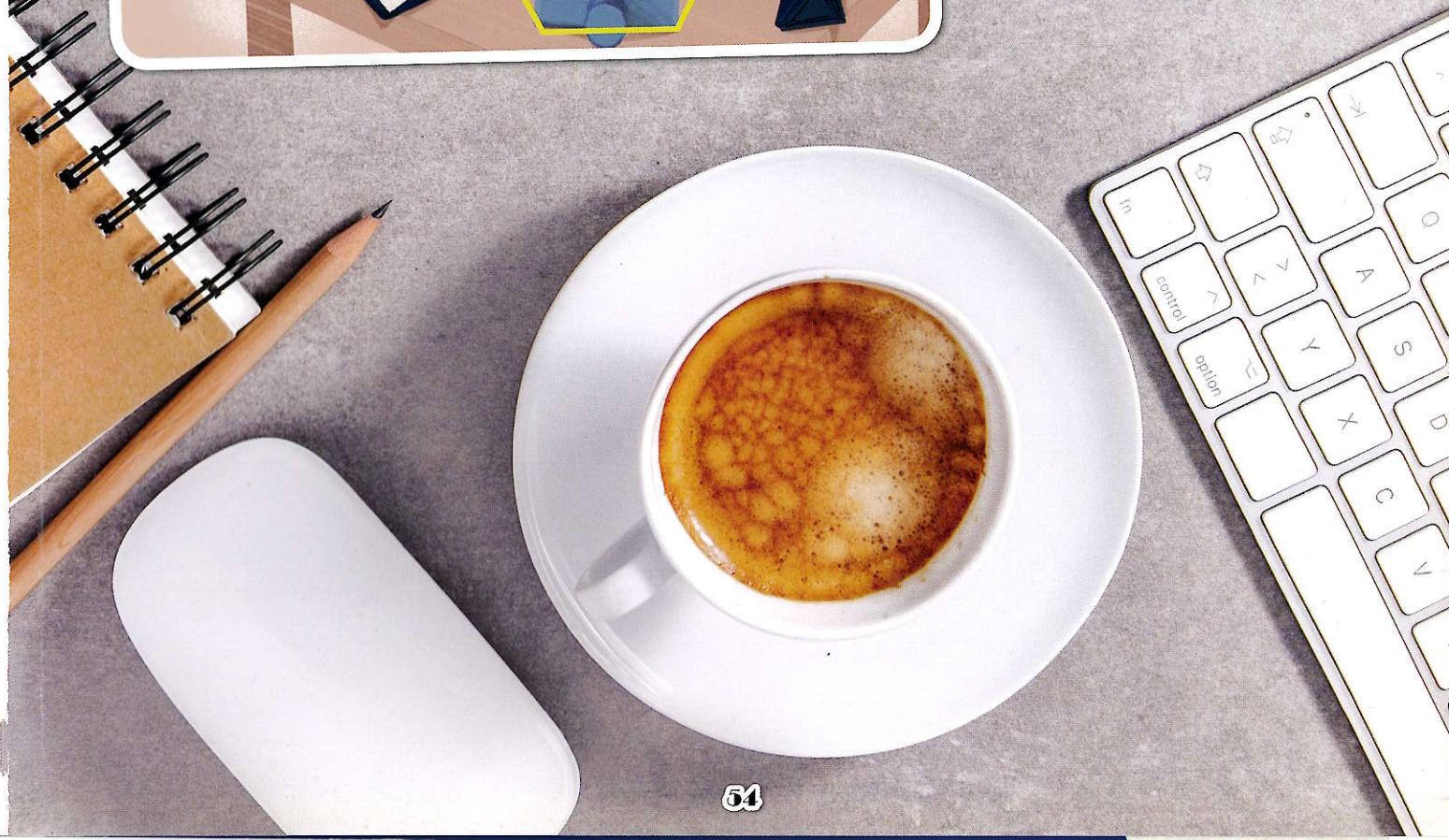


Zoom ID:  
**267 660 5010**

22 Dec @  
**1:30pm**



Thanks!





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